

Community Health Champions

Monthly Newsletter | March 2025



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Stoke-on-Trent is turning 100!

Stoke-on-Trent is turning 100! In 2025, we'll celebrate a century since the city received its well-deserved status, honouring the rich history, vibrant culture, and unique identity that have made Stoke-on-Trent a global name. This year-long celebration isn't just about looking back. We'll be recognising the impact of our people and products on the world stage, while also setting our sights on the exciting years to come. There is lots of support and grants available, speak to your local champion and watch this space!

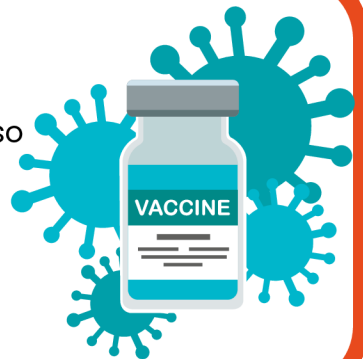


Covid-19 Spring Booster

The COVID-19 Spring Campaign is launching on 1st April 2025. The National Booking Service (NBS – NHS.uk, 119) is open from 24th March so vaccination appointments can be made in advance.

People eligible are:

- aged 75 years or over (by 17 June 2025)
- aged 6 months or over and have a weakened immune system
- residents in care homes for older adults.



Women's Heart Health Matters

Did you know that heart disease, in particular coronary artery disease, is the number one killer for women worldwide?

The key messages to share with your communities are this:

- Heart disease is the leading cause of ill health and death among women in the UK
- Women are less likely to be diagnosed and treated properly for heart problems
- Women often don't take part in the research trials needed to help scientists learn what to do to best manage women's heart problems.



We have lots more information available. If you're looking for local health information or support, chat with your local champion.

Contact us on 01782 683 030

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