

# Community Health Champions

## Monthly Newsletter | April 2025



### In this issue

- Wheelchair User's Representative Group
- DadPad
- FREE Sighted Guidance Training

#### Wheelchair User's Representative Group

Calling all wheelchair users within Stoke-on-Trent. The Stoke-on-Trent Wheelchair User's Representative Group want you to share and add your voice, feedback, and experiences to help improve wheelchair services of the future.

They are creating a safe space to encourage current wheelchair users to engage in friendly discussion. For more information on when and where these meetings take place, chat to your Community Health Champion.



#### DadPad | The essential guide for new dads

The DadPad® is a digital app for dads-to-be and dads with new babies in Stoke-on-Trent. It has information about where to find advice, practical parenting skills, services, groups and activities locally. There are also printed booklet versions available in both general and quick read.

Interested in accessing DadPad? Chat to your local Community Health Champion to find out more.



#### Sighted Guidance Training



Mitchell Arts Centre and Staffordshire Sight Loss are offering FREE Sighted Guidance Training to improve accessibility and inclusion across the community.

This training is perfect for facilitators, group leaders, or anyone working within the community who feels that they would benefit.

It will take place on Thursday 22nd May from 10am - 3pm at Mitchell Arts Centre. Chat to your Community Health Champion to help book your place!



**We have lots more information available. If you're looking for local health information or support, chat with your local champion.**

**Contact us on 01782 683 030**

### In this issue

- Wheelchair User's Representative Group
- DadPad
- FREE Sighted Guidance Training

#### Wheelchair User's Representative Group

Calling all wheelchair users within Stoke-on-Trent. The Stoke-on-Trent Wheelchair User's Representative Group want you to share and add your voice, feedback, and experiences to help improve wheelchair services of the future.

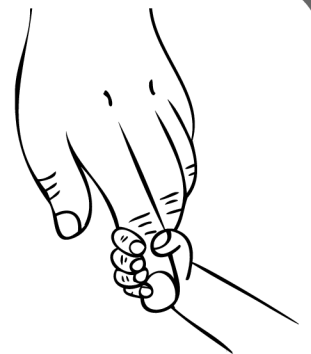
They are creating a safe space to encourage current wheelchair users to engage in friendly discussion. For more information on when and where these meetings take place, chat to your Community Health Champion.



#### DadPad | The essential guide for new dads

The DadPad® is a digital app for dads-to-be and dads with new babies in Stoke-on-Trent. It has information about where to find advice, practical parenting skills, services, groups and activities locally. There are also printed booklet versions available in both general and quick read.

Interested in accessing DadPad? Chat to your local Community Health Champion to find out more.



#### Sighted Guidance Training

Mitchell Arts Centre and Staffordshire Sight Loss are offering FREE Sighted Guidance Training to improve accessibility and inclusion across the community.

This training is perfect for facilitators, group leaders, or anyone working within the community who feels that they would benefit.

It will take place on Thursday 22<sup>nd</sup> May from 10am – 3pm at Mitchell Arts Centre. Chat to your Community Health Champion to help book your place!



**We have lots more information available. If you're looking for local health information or support, chat with your local champion.**